## CAR SEAT SAFETY

# WHICH CAR SEAT SHOULD I USE?









The following are general recommendations. Use your manufacturers manual to determine the best car seat for your child.





# WHICH CAR SEAT SHOULD I USE?

Age by Years

Birth 1 2 3 4 5 6 7 8 9 10 11 12 13+









#### **REAR-FACING**

A rear-facing car seat provides the best protection for young children. When properly harnessed, the seat will cradle the child to reduce the stress to the child's fragile neck and spinal cord.

### **FORWARD-FACING**

A forward-facing car seat has a harness and tether that limits your child's forward movement during a crash. Keep your child in a harness car seat as long as possible, to the weight or height limit allowed by the manufacturer.

#### **BOOSTER**

A booster seat positions the seat belt so that it fits properly over the stronger parts of your child's body: Hips, Chest, Shoulders.

#### **SEAT BELT**

- Proper seat belt fits when:

  Lap belt lies snugly across upper thighs, not touching the stomach.
- The shoulder belt lies snug across the shoulder and chest, not across the face or neck.

\*Children under 13 years should sit in the rear seat.